

SCHRAMM PHYSICAL THERAPY, INC.

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PHYSICIAN'S ORDER AND PLAN OF CARE

Date: _____

PATIENT NAME _____

DIAGNOSIS ICD 9 CODE _____

TYPE AND DATE OF SURGERY _____

AREA TO BE TREATED _____

PRECAUTIONS/SPECIAL INSTRUCTIONS _____

DATE OF INJURY/ACCIDENT _____

EVALUATE & TREAT

EXERCISE ROUTINES

- Strengthening
- ROM
- Trunk Mobility
- Cervical Mobility
- Neuromuscular Re-education
- Postural Training
- Activities of Daily Living
- Kinetic Activity
- Functional Activities
- Gait Training

SPECIAL PROCEDURES

- Manual Muscle Testing
- Range of Motion Evaluation
- Spine Six Program
- MedX

MOBILIZATION TECHNIQUES

- Joint Mobilization
- Soft Tissue Mobilization
- Massage/Myofascial Release

MODALITIES

- Heat/Cold
- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Phonophoresis
- Paraffin
- Spinal Decompression

TREATMENT GOALS:

- | | |
|---|--|
| <input type="checkbox"/> Relieve pain | <input type="checkbox"/> Decrease Edema |
| <input type="checkbox"/> Increase Range of Motion | <input type="checkbox"/> Increase Mobility |
| <input type="checkbox"/> Increase Strength | <input type="checkbox"/> Improve Function/Gait |
| <input type="checkbox"/> Increase Understanding | <input type="checkbox"/> Wound Care |

REHAB POTENTIAL: Poor Fair Good Excellent Other _____

DURATION AND FREQUENCY OF TREATMENT

Daily 1 x Weekly 2x Weekly 3x Weekly Other _____

Treat this patient as indicated for weeks.

I certify the above services are required by this Patient and are medically necessary.

NPI:

Date Last Seen By Physician _____ Physician _____